



## JUNE

- 4 Altars for Everyday Life (Talk):** Altars create a physical place for the sacred to live with us in our daily lives. A “working altar” allows us to engage with the sacred with focus and purpose. This evening we explore efficacy with working altars, because when they truly work, an altar is a threshold between the worlds. Shamanic Life Skills Series with Christina Pratt, author of *An Encyclopedia of Shamanism*. June 4, 7-8:30pm.
- 25 Creating Indoor and Outdoor Sacred Space (Talk):** We take our discussion of altars outside, exploring the creation of functional sacred space in our homes and backyards. No matter how much room you have you can make space for the sacred. June 25, 7-8:30pm.
- 27 Creating Sacred Space Anywhere, Anytime (Class):** Creating and working with an indoor altars: grounding, boundaries, calling in the

world you want to live in, intention, and gratitude. Creating and working with an outdoor altar: cultivating relationships with spirit, spirits of the land, abundance, and well-being. June 27, 9:30-4:30pm.

## JULY

- 9 Divination and Intuition (Talk):** Working with your guides can be easy if you know when to use the discipline of divination and when to open to the truth of your intuition. July 9, 7-8:30pm.
- 23 Shamanic Journeying (Talk):** Come learn about this ancient and effective tool for communicating with the invisible world. If you can dream you can do this. And life is a lot easier if you do. July 23, 7-8:30pm.
- 25 Shamanic Journey (Class):** Come take this one-day class that will change your life. Learn to craft questions and interpret the answers from the spirits guides who are here every day to guide you. July 25, 9:30-4:30pm.

## AUGUST

- 6 Shamanic Healing: Soul Retrieval and Integration (Talk & Demo):** Though you may feel lost, depressed, addicted or missing something essential, soul retrieval offers a direct path back to wholeness and full sense of self. Aug. 6, 7-8:30pm.
- 27 Shamanic Healing: Extraction and Cleansing (Talk & Demo):** Life is messy. We think toxic thoughts and get caught up in the toxicity of others. Learn to get out of your own way and protect your self from the energy drama of the people around you. Aug. 27, 7-8:30pm.
- 29 Soul Retrieval and Integration (Class):** Experience the deep relief of the return of your soul and learn the essential steps of integration to become whole and one with yourself. Aug. 29, 9:30-4:30pm.

## SEPTEMBER

- 3 Healing your Ancestral Lines (Talk)**

- 17 Creating Relationship with your Ancestral Helping Spirits (Talk)**  
**19 Healing your Ancestral Lines (Class)**

## OCTOBER

- 1 Courageous Heart: Love of the Healer (Talk)**  
**22 Courageous Heart: Wisdom of the Warrior (Talk)**  
**24 Courageous Heart Living in Chaotic Times (Class, Part 1)**

## NOVEMBER

- 12 Courageous Heart: Power of the Teacher (Talk)**  
**19 Courageous Heart: Vision of the Seer (Talk)**  
**21 Courageous Heart Living in Chaotic Times (Class, Part 2)**

### *Shamanic Life Skills Series with Christina Pratt*

### **Integrative Wellness Center**

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(see ad, pg. xx)

Talks: \$5-10, Class: \$75 pre-registration/ \$95 at the door. Series Discount Available, contact Andrea at [assistance@lastmaskcenter.org](mailto:assistance@lastmaskcenter.org) or call 800-927-2527 ext. 02586.

Free monthly journey circle. Journeyers welcome.